

**Fitness Class
Schedule**

February 2012 

SUN	MON	TUE	WED	THU	FRI	SAT
<p><i>All Eminence Organic Skin Care Products 20% Discount Glymed Skin Care Products 50% Discount</i></p>		<p>SNOWSHOE HIKE'S ~Pre Register ~Meet At Spa ~Bring Snowshoes, Flashlights, Headlamps ~Wear Reflective Clothing Members-Free, Hotel-\$5, Public-\$10</p>	<p>1 8:30 A WOW 9 A Aqua Fit 5 P Beg Spin 5:30 P Spin</p>	<p>2 7 A Mstr Swim 8 A Beg Swim 9:15 A Pilates 4:30 P Taste of Zumba 5 P Zumba 6 P Yoga Stretch</p>	<p>3 7A Triple Threat 8:30 A WOW 9 A Aqua Fit 5:30 P Spin 6:30 P WWWW</p>	<p>4 8:30AM Acoustic YOGA 4:30 PM SPIN</p>
<p>5</p>	<p>6 7:30 A Open Swim 8:30 A Beg Pilates 4:30 P Spin 5:30 P Yoga</p>	<p>7 6 A Spin 8 A Beg Swim 9:15 A Pilates 4:30 P Taste of Zumba 5 P Zumba 5 P TripleThreat NO Yoga Stretch 6:30 P WWWW</p>	<p>8 8:30 A WOW 9 A Aqua Fit 5 P Beg Spin 5:30 P Spin</p>	<p>9 7 A Mstr Swim 8 A Beg Swim 9:15 A Pilates 4:30 P Taste of Zumba 5 P Zumba 6 P Yoga Stretch</p>	<p>10 NO Triple Threat NO WOW 9 A Aqua Fit 5:30 P Spin 6:30 P WWWW</p>	<p>11 8:30AM Acoustic YOGA 4:30 PM SPIN (Celeste)</p>
<p>12</p>	<p>13 7:30 A Open Swim 8:30 A Beg Pilates 4:30 P Spin (Kristy or Celeste) 5:30 P Yoga</p>	<p>14 Valentine's Day  8 A Beg Swim 9:15 A Pilates NO Taste of Zumba NO Zumba 5 P TripleThreat 6 P Yoga Stretch 6:30 P WWWW</p>	<p>15 8:30 A WOW 9 A Aqua Fit 5 P Beg Spin 5:30 P Spin (Margarita)</p>	<p>16 7 A Mstr Swim 8 A Beg Swim 9:15 A Pilates 4:30 P Taste of Zumba 5 P Zumba 6 P Yoga Stretch</p>	<p>17 7A Triple Threat 8:30 A WOW 9 A Aqua Fit 5:30 P Spin (Margarita) 6:30 P WWWW</p>	<p>18 8:30AM Acoustic YOGA 4:30 PM SPIN (Margarita)</p>
<p>19</p>	<p>20 PRESIDENT'S DAY 7:30 A Open Swim 8:30 A Beg Pilates 4:30 P Spin 5:30 P Yoga BEG SNOWSHOE HIKE 9:30 AM</p>	<p>21 NO Spin 8 A Beg Swim 9:15 A Pilates 4:30 P Taste of Zumba 5 P Zumba 5 P TripleThreat 6 P Yoga Stretch 6:30 P WWWW</p>	<p>22 8:30 A WOW NO Aqua Fit 5 P Beg Spin 5:30 P Spin NOON BEG SNOWSHOE HIKE</p>	<p>23 7 A Mstr Swim 8 A Beg Swim 9:15 A Pilates 4:30 P Taste of Zumba 5 P Zumba 6 P Yoga Stretch</p>	<p>24 7A Triple Threat 8:30 A WOW NO Aqua Fit 5:30 P Spin 6:30 P WWWW SNOWSHOE INT HIKE 4PM</p>	<p>25 8:30AM Acoustic YOGA 4:30 PM SPIN</p>
<p>26</p>	<p>27 7:30 A Open Swim 8:30 A Beg Pilates 4:30 P Spin 5:30 P Yoga</p>	<p>28 NO Spin 8 A Beg Swim 9:15 A Pilates 4:30 P Taste of Zumba 5 P Zumba 5 P TripleThreat 6 P Yoga Stretch</p>	<p>29 8:30 A WOW 9 A Aqua Fit 5 P Beg Spin 5:30 P Spin</p>	<p>COUPON SPECIAL OF THE MONTH <i>SPECIAL \$15 DROP IN</i> <i>INCLUDES: ALL CLUB FACILITIES &</i> <i>ALL CLASSES FOR THE DAY</i> PLEASE PRESENT COUPON</p>		

PROMOTIONS & SPECIALS

- Coupon special of the month (See Calendar)
- Fitness Class Rewards Raffle - Monthly Prizes
- All Eminence organic skin care products 20% off
 - All Glymed skin care products 50% off
- New prices - * Drop in classes \$10 each * Drop in Class Pass -10 classes for \$75
Drop in Court Pass - use court 10 times for \$75 * Tanning Session \$5 + tax
 - One person, any three (3) services in VIAGGIO SPA, 10 % discount
- Every two months - "SPATACULAR" - Sample spa services for free - Invitation only
- COMING SOON! VIAGGIO HAIR SALON - STYLING, COLORING & MORE